

QUICK QUARANTINE SOUP #1



CHICKEN – VEGETABLE

Chef Steve

Many Servings

15 minutes prep time

1-2 hours total cook time

INGREDIENTS

- 1 cup cubed, cooked chicken
- 1 cup dried veggie mix (It's Delish brand)
- ½ cup dry rice
- ¼ cup dry lentils
- 1 cup chopped fresh onion
- 2 quarts water
- 2 quarts chicken stock

DIRECTIONS

1. Bring water and stock to boil.
2. Add all ingredients.
3. Reduce heat.
4. Simmer for 1-2 hours, removing lid after first hour to allow liquid to reduce.

SHOPPING LIST

chicken breasts

onion

dried veggie mix

rice

lentils

